

# **Unique**

**The Monthly Communiqué**

## **>>> Message**



I am very happy to know that our college is bringing out its newsletter from this month onwards. It will be a great achievement in our effort to face the fourth cycle of NAAC accreditation in 2024. We are in the process of equipping the college with further facilities to the students and faculty. I urge the students to make the best use of academic and infrastructural facilities provided in our green campus.

With warm greetings

**Sayyid Munavarali Shihab Thangal**

President, Managing Committee  
KAHM Unity Women's College

## **>>> Editorial Note**

This newsletter is an initiative of the IQAC to acknowledge the efforts taken by our staff and students in showcasing quality programmes in our college, to appreciate their academic excellence and also to document the same. We thank the Management Committee, Principal, Staff and Students of KAHM Unity Women's College for their whole hearted support in getting the newsletter published. Special thanks to Ms. M.K. Vineetha for suggesting this name to the newsletter.

*Editors:*

**Dr. Poornima R**

Assistant Professor, Department of English

**Dr. Bajeel PN**

Assistant Professor, Department of Mathematics





After the retirement of the former Principal, Dr. C. Saidalavi, Mrs. A S Anitha Begum, Associate Professor and Head of the Home Science department, became Principal in charge of the college from 01.04.2022 to 30.06.2022. It was handed over to Dr. Muhammed Basheer Ummathur, Associate Professor & Head, Department of Chemistry who took charge as Principal of KAHM Unity Women's College on 30th June 2022.



## Thousand Green Pledges for Mother Earth

Internal Quality Assurance Cell of KAHM Unity Women's College, conducted Green Pledge on 8 June 2022 in connection with this year's World Environment Day. All students and staff of the institution took the pledge.

## Unity@30-Kick off Meetings

In connection with the celebration of thirty years of excellence in women's higher education, to be held in the campus during 2022-23, meetings on various heads as MoUs and Collaborations, College Souvenir, Research Grants and Fellowships and Setting up of New Chairs and Study centres were held on 13 June 2022, 14 June 2022, 21 June 2022 and 22 June 2022 respectively. Manager Mr. O Abdul Ali gave a briefing on the plans of action. IQAC facilitated the meetings.

»» **Department of Botany**

# Experiential Learning

*The aim of the visit was to get familiarized with various research techniques in the field of Plant pathology, Molecular biology and Biotechnology.*



A research station visit was made to ICAR - The Indian Institute of Spices Research (IISR), Calicut by the PG student of the Department of Botany on 22nd June 2022. The aim of the visit was to get familiarized with various research techniques in the field of Plant pathology, Molecular biology and Biotechnology. Students also visited the plantation nursery of pepper, nutmeg, etc. The institute carries out research, training and extension on a range of disciplines related to various spices and crops. Research station visit imparted a practical perspective on the world of research and took them beyond the boundaries of theoretical knowledge.

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A field study trip was conducted to ecological sensitive site of Kadalundi Vallikkunnu Community Reserve (KVCR), Kadalundi, Calicut on 22nd June 2022. The aim was to visit the mangrove conservation area and Kadalundi Bird Sanctuary. The natural resources, the various species of flora and fauna have been well preserved in Vallikkunnu region.

# Discover your Surroundings - Nature Walk

One of the best things to do on a nature walk is to simply observe what nature has to offer. A nature walk was conducted on 24th June 2022 for U.G. and P.G. students of Department of Botany with a view to exploring the plant diversity of Unity Hills, Manjeri. The students could also identify the plant species of that area.

# Mushroom Cultivation - A Way Towards Self-Reliance of Students

Mushroom cultivation is one of the means to self-employment. The P.G. and U.G. students of the Department of Botany successfully cultivated mushrooms as part of their Earning through Learning Programme. A one day market was held for its sale at Unity women's College on 9th June 2022.

»» **Department of Chemistry**

# Alumni Lecture Series How to Prepare for the CSIR Exam

The Sixth Lecture of 'Alumni Lecture Series' of the PG Department of Chemistry was held online on 28th June 2022 at 7.30 p.m. as part of '30th Anniversary Celebrations'. The invited speaker of the event was Mrs. Nusrath P., alumna and Assistant Professor, PG Department of Chemistry, MES Kalladi college, Mannarkad, who spoke on the preparations needed for CSIR Exams. The programme was coordinated by Ms. Suhada K.M., Assistant Professor of Chemistry.



## Diet Counselling Clinic

PG department of Home Science conducts diet counseling clinic on Fridays (1 to 2 pm) with the purpose of extending awareness and knowledge about healthy diet and lifestyle to the public. As a part of it, the I MSc Home Science (Nutrition & Dietetics) students of the department conducted a 'Diet in PCOD' counselling session on 3rd June. The coordinators of the Diet Counselling Clinic are Mrs. Shahla K, Assistant Professor (Adhoc) and Ms. Nihala Binth Nasar, I MSc Home Science (Nutrition & Dietetics).

## Certificate Course in Culinary Arts

The PG department of Home Science started a certificate course on "Culinary arts" to the students of other departments. Mrs. A S Anitha Begum, Associate Professor and Head of the Home Science department is the course instructor and Mrs. Shahla K, Assistant Professor (Ad-hoc) is the course coordinator. This course is beneficial to candidates who want to make a career in the field of kitchen management, food and beverage management as well as other hospitality and food related jobs.

## Certificate Course in Reference Management Using Mendeley

The PG department of Home Science started a certificate course in "Reference Management Using Mendeley" to the post graduate students of the Home Science department. The course included hands-on training on using the free reference management software 'Mendeley' to search, store and organize all the references from just one library. Dr. N V Fatimathu Zuhara, Assistant Professor in Home Science served as the course instructor and Dr. Annie Ninan as the course coordinator.



## ASAP Full Stack Development Program Report

The Department of Computer Science organized a Python Full Stack Development program for final year Computer Science students in association with ASAP on 24-06-2022. Mr. Rahib B, Head of the Department highlighted the relevance of full stack scenario of modern IT Industry Mr. Markoos (Senior Program Manager ASAP) spoke on the emerging global scope on Python Full Stack Development programme and its immense possibilities. The session was led by Ms. Rezeena (Coordinator ASAP) who spoke exploring the provisions and the opportunities the course can provide, including scholarship options, duration etc.



## Formation of Hindi Club

Hindi Club was officially formed on 15th June 2022. It was decided that the selection of the Club Secretary, Members and other officials be done only after first year UG admission. Prizes will be given to those who suggest the best and catchy name for the club.

**28 June 2022**

## Poetry Appreciation Competition

A syllabus oriented poetry appreciation competition was held on 28th June 2022. The renowned poet and Feminist critic Anamika's 'Bejagah' was opted and students actively participated in the same. Prizes were also given to the winners.



# English Association – Orientation



An Orientation programme for the students of the department was conducted on 29th June 2022. Ms. M.K. Vineetha and Dr. Shahina Mol A.K. spoke about the relevance of the English Association and how to conduct programmes creatively. The programme was coordinated by Ms. Reena C.M. An Association committee was also constituted.

## Dalit Aesthetics and Politics in C. Ayyappan's Short Stories



Research Club, PG Department of English, organized an Invited Lecture on 22 June 2022 coordinated by Mr. Muhammedali . P. Mr. Abdul Jaleel, Assistant Professor, PG Department of English, EMEA College of Arts and Science, Kondotty, delivered the lecture on Dalit Aesthetics and Politics in C. Ayyappan's Short Stories. He featured the distinctive traits of his short stories and the way he problematized the everyday humiliation of the lower caste community. The lecture was followed by an interaction with the students.



# Association Inauguration & Activities

On June 23, 2022, Mr. Noushadali, Head of the Arabic Department at Unity Women's College Manjeri, inaugurated the History Association Activities for the Academic year 2022–2023. The event was organised by the second-year BA History students. The Association Secretary Nafla T. P. welcomed the audience. Mr. Noushad discussed many



methods for identifying the unique self, and also inspired students to advance in their academic careers.

On 30 June 2022, History Association organized an impromptu speech (Just a Minute) "Chade Pade". This platform helped students to expand their thinking abilities. Fathima Najwa, Shabna, Najiya and Huda Sherin participated in the competition.

»» *Department of Mathematics*



## Observance of National Statistics Day

A National Statistics day event was organized on June 29th, 2022 in honour of the birthday of professor PC Mahalanobis on June 29th who is considered as the father of Indian statistics. Safana Liya and Fathima Fitha, second-year students, oversaw the event. Professor Usman, the head of the department of Botany addressed the audience and delivered a presentation on biostatistics.

## Puzzle Competition



A puzzle-solving competition was conducted by the students of the Mathematics Department on July 10 from 9:30 am to 1:30 pm in the college. The participants were provided with a sudoku puzzle to solve and earn the prize. The competition was organized and overseen by Jadheera, Shahana

P.V, Shifa, Jasmine, and Noor Fathima. Fathima Parveen, a second-year B.Com CA student became the winner and was honoured at the association programme.

## Talk on Derivative Markets

Dr. Bajeel P N delivered a talk on the subject of derivatives market. The talk aimed to enhance students' knowledge on the subject and the future opportunities open to them.



»» *Department of Malayalam*

## സാംസ്കാരികപ്രഭാഷണവും മാഗസിന് പ്രകാശനവും



മഞ്ഞൻ കെ എ.എച്ച്.എം. യുനിറ്റി വിമൻസ് കോളേജിൽ വായനവാരാഭ്യാസത്തിൽ ഭാഗമായി, മലയാളവേദിയുടെ അഭിമുഖ്യത്തിൽ സാംസ്കാരികപ്രഭാഷണവും മാഗസിൻ പ്രകാശനവും നടന്നു. 'ഭാഷയുടെ രാജ്യിയാം' എന്ന വിഷയത്തിൽ നടന്ന സംവാദത്തിൽ പട്ടാമ്പി ശ്രീ. സംസ്കൃത കോളേജ് അസിസ്റ്റന്റ് പ്രാഹസനറും എഴുത്തുകാരനുമായ ഡോ. ജമീർ അഫ്മർ മുവ്യുപ്പേഷണം നടത്തി. പ്രിൻസിപ്പൽ പ്രോഫ. അനിതാബിശാ ആധ്യക്ഷ്യം വഹിച്ച പാലിപാടിൽ മലയാള വിഭാഗം ആധ്യക്ഷൻ ഡോ. വി. റിക്ക്മത്തും സാഗരതം പരിഞ്ഞ. കോളേജ് മാനേജർ ഓ.അബ്ദുൽ അലി, എ.കൃഷ്ണൻ, കോ-ഓർഡിനേറ്റർ ഡോ. ഷാഹിനമോൾ എ.കെ., മാഗസിൻ എഡിറ്റർ നന്ദൻ, മലയാളവേദി സെക്രട്ടറി അശവതി എന്നിവർ സംസാർജ്ജിച്ചു.



## An Alliance to the Future: ASAP-K Skill



Following up with the Principal's meeting held at PSMO College on 28th April 2022 with Dr Usha Titus IAS, an initial meeting was organised at KAHM Unity Women's College on 9th June 2022, bringing together the manager O Abdul Ali Engineer, the Principal Ms A S Anitha Be-gum, the heads of all departments, ASAP Coordinator Ms. M K Vineetha and ASAP Senior Programme managers, Ms Razeena and Mr Ananad. The meeting was meant to create an awareness on the changes and possibilities in ASAP which currently offers more than 150 courses under 17 domains.



## Inaugural session- ASAP K Skill Student Orientations



The first batch to be oriented for the programme was BSc Mathematics, with focus on Training in Python which was conducted on 13th June 2022. Orientation was conducted by ASAP Senior Programme Managers, Ms. Razeena and Mr Marcos. The programme was inaugurated by Mr. O. Abdul Ali, the Manager.

## ASAP K Skill Orientation Batch 2

The second batch of orientations on 24th June, 2022 addressed BSc Computer Science students in the first half followed by English and Maths. Python was the course recommended for Computer Science, and the group was together exposed to the multiple options available through ASAP including basic language proficiency skills and IELTS options.

»» Academic Credentials of Teachers

# Invited Lectures

On 2nd June 2022, **Ms. Bushaira V**, Assistant Professor (Adhoc), gave an online lecture on 'Understanding Nervous System' to I MSc Food Science & Nutrition students of Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil Nadu, through google meet.

**Dr. Annie Ninan**, Associate Professor in Home Science, served as resource person in the programme organized by the NCC Unit of the college on June 14th - 'World Blood Donor Day'. She delivered a talk on the importance of donating blood and the precautions to be taken while donating blood. Around 28 Cadets participated in the programme.

**Ms. Aswathi M P**, Assistant Professor, Department of English, was the resource person in the workshop titled "Art of Self Expression in English" organized by Madeenathul Uloom Arabic College, Pulikkal on 7th June 2022. The session was focussed on various skills connected with communication in English.



**Ms. M K Vineetha** conducted a training session for teachers of Springs International School as part of their Teacher Empowerment Programme on 27 June, 2022, entitled Planning it Right: Being a Twenty First Century Educator.

**Ms M K Vineetha** inaugurated the English Association activities of AlShifa Arts and Science College, inaugurating the department YouTube channel, highlighting the need for 'Blue Sky Thinking' which will enable students to explore the self and the multiple options mushrooming globally for personal and professional growth.

**Dr. Hikimathulla V**, Head, Department of Malayalam, has published an article in the Thelicham Magazine, titled 'Husnuljamal vayanayude padarppukal' dated 14th June 2022.



# Participation in Academic Programmes

**Mr. Sidhique P.**, Assistant Professor in English, KAHM Unity Women's College, Manjeri, participated in the Refresher Course in English Language and Literature, Batch XXVI (online) conducted by the UGC Human Resource Development Centre, University of Madras, Chennai for 14 days from 14-06-22 to 26-06-22.

**Mr. Sidhique P.** has successfully completed 6-day workshop (13 June 2022 to 18 June 2022) on Read for Success organized by Wisdom Academy.

**Mr. Sidhique P.** attended a one day Zoom session on Public Speaking and Communication Skills conducted by Divas Gupta on 5 June 2022.

**Dr. Shahina Mol A. K.**, Head, PG Department of English, participated in the UGC sponsored national webinar on Digital Governance, conducted by the UGC - HRDC, University of Kerala, Trivandrum on 25- 06-2022.

**Mr. Shabeermon M.** participated in the International online workshop on Academic writing – Ethical issues from June 18th- 20th 2022.

**Mr. Shabeermon M.** participated in the online workshop on NEP 2020, Good Academic Research Practices And Academic Research Integrity on 20th June 2022.

**Dr. Krishna Sunder A.**, Assistant Professor in English, KAHM Unity Women's College, Manjeri, participated in the Refresher Course in English Language and Literature, Batch XXVI (online) conducted by the UGC Human Resource Development Centre, University of Madras, Chennai for 14 days from 14-06-22 to 26-06-22.

**Ms Reena C.M.** ranked first in the PhD selection procedures at PG Department of Studies in English, Karnataka University, Dharwad.

**Ms. M.K. Vineetha** was part of the judges panel for ACAS UG Project Prize 22 organised by Al Shifa College of Arts and Science, Perinthalmanna, on 27th June, 2022, for the best UG project for which entries were invited from colleges affiliated to Calicut University.



## Study Abroad – Career Guidance Session by Matglober Careers



A career guidance session titled “Study Abroad” was arranged for both the UG and PG students of the college on 21 June 2022 at the college auditorium.. The session was led by a team from Matglober careers based in Perinthalmanna. They spoke about the career and educational opportunities that can be pursued abroad as per the students' core area of study in the UG or PG level. An MoU was signed between the college and Matglober careers for a period of two years agreeing upon the guidance to be provided to our students in pursuing a career or course abroad. Around 900 students attended the session. The programme was coordinated by Ms. Sangeeta K.

## Rise and Shine – Neurolinguistic Programming Session

A personality development session titled “Rise and Shine” was jointly organized by the PG Department of English and Career Guidance Cell, KAHM Unity Women's College, Manjeri on 28 June 2022 at the CH auditorium. Ms. Ishara Ahmed, an Excellence Coach and Neuro Linguistic Programming expert from Mangalore led the session. By engaging the students in various self-reflective activities, she demonstrated a few relaxation techniques to overcome negative attributes like anger, fear, inhibitions and other hurdles that hinder and block one's path to progress.

## ">>>> Students' Achievements



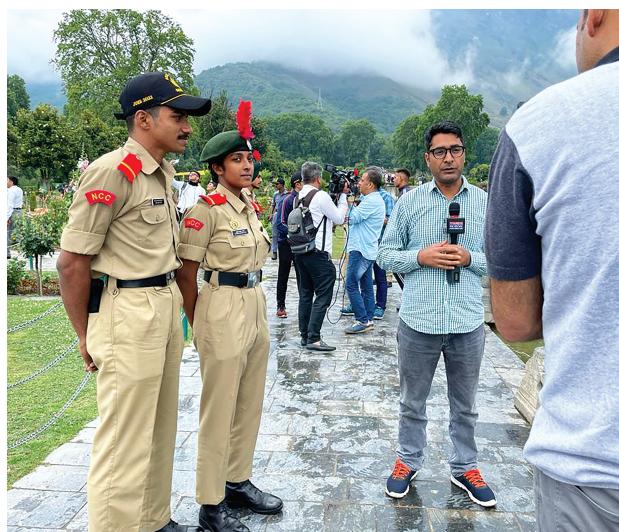
**Shahna. P** and **Fathima Najva** 4th sem history got 1st and 3rd prize in photography competition conducted by Women Cell, KAHM UWC.

**Fathima Febna** 4th sem History won second prize in the Yoga Quiz competition organized by NCC KAHM UWC.

**Thansheera MP** from sixth sem BCom Co-operation got second prize in Alshifa project prize '22 conducted by Al Shifa College of Arts and science Perinthalmanna

On 27th June 2022, **Ms Fathima K**, IIInd MSc Home Science (Nutrition & Dietetics) student handled a session on 'Drug Abuse and its Consequences' in a programme organized by the NSS Units (171,008) of the college on 'Share Drug Facts to Save Lives' at 2:20pm in the college auditorium. Around 50 students from different departments participated in the programme.

**EBSB – SNIC CAMP (Special National Integration Camp):** UO Ayisha Anaina. PK (Vth Sem BA English) attended EBSB – SNIC Camp (Special National Integration Camp) held at Jak LI infantry Regimental Centre, Srinagar from 15th to 26th June 2022. She was the only SW Cadet selected for EBSB – SNIC Camp from Calicut Group.



**CDT Jumana Farhana** (III Sem BA History) and **LCPL Ayisha Risni**. K (III Sem BSc Psychology) got first prize in Inter-College Quiz Competition held at CATC Camp conducted by 9K Girls BN, NCC Calicut from 26th June to 5th July, 2022.

9 Cadets attended CATC Camp conducted by 9K Girls BN, NCC Calicut from 26th June to 2nd July, 2022.

### List of Cadets attended CATC Camp:

1. LCPL Ayisha Risni. K (IIIrd Sem BSc Psychology)
2. CDT Sreya. T (IIIrd Sem BSc Psychology)
3. CDT Anjana Devi. TV (IIIrd Sem BSc CS)
4. CDT Jumana. V (IIIrd Sem BA English)
5. CDT Nida Fathima. K (IIIrd Sem BA English)
6. CDT Aniketh Ranjith (IIIrd Sem BCom Coop)
7. CDT Adithya. VP (IIIrd Sem BCom Coop)
8. CDT Jumana Farhana (IIIrd Sem BA History)
9. CDT Akifa Anjoom. T (IIIrd Sem BSc Psychology)

### Thal Sainik Camp (TSC)

CPL Ajna. KP (IIIrd Sem BCom Coop) and CPL Shana Buhaisa (IIIrd Sem BSc CS) attended TSC Camp 1 from June 10th to 19th and got selection to 2nd Thal Sainik Camp from 26th June to 2nd July, 2022.



## Interventions: Blog of Women Cell

Women Cell, Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri started an online platform, a blog, titled Interventions to showcase the creative writings of the students and to share the updates on Women Cell events. The blog serves as an evolving platform to promote the creativity of the students and the teachers. Blog address is as follows: <https://womencellunity.blogspot.com>



## Mega Job Fair

On 14th June 2022, the placement cell of K.A.H.M Unity Women's college organized a Job Fair in collaboration with world-class employer Team Interval (INTERVAL is the world's fastest-growing individual tuition concept that focuses on the development and overall progress of the individual student. Final year graduates and course completed students and hundreds of women job aspirants from different places took part in it. Out of 65 candidates, six candidates were selected, the details are given below. The Job Fair was coordinated by Mr. Sidique and team.

### Name of The Candidates and Selected Designation

1. Shabnam pk - Talent acquisition associate
2. Fathima Hanna P. - Operation growth associate
3. Anju.M - Client relations associate
4. Shibu - Operations growth associate
5. Aysha fidha - Operations growth associate
6. Shaniba - Marketing executive

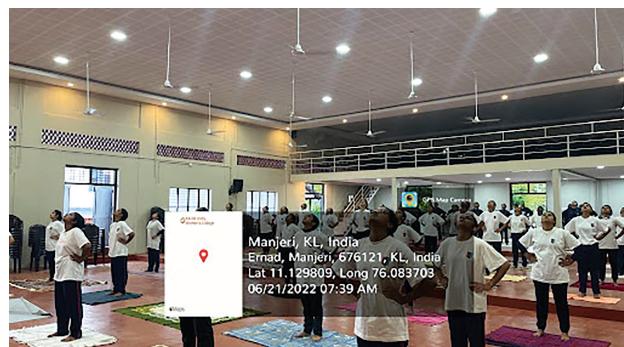
## Kudamattam - A Community Intervention Initiative - Signing of MoU



The Women cell of the college and the PG department of Home Science jointly signed an MoU with Mobility in Dystrophy (MIND) Trust, Kerala, to impart social empowerment through their joint activities among the people with dystrophy. The display and sale of umbrellas created by the physically challenged members of the organization called "Mobility in Dystrophy (MIND)" was arranged on the Day. The Home Science department agreed to provide consultancy for embellishment of umbrellas made by MIND and promotion of its sale for their economic empowerment. The programme was inaugurated by Adv. U.A. Latheef, MLA. During the inaugural session, Mr. Prajith P, Treasurer, MIND Trust, created an awareness on problems and challenges faced by the people with dystrophy and gave an outline of the various activities of the Trust.

»» *International Yoga Day*

# International Yoga Day Celebration



The NCC Army wing of KAHM Unity Women's College, Manjeri celebrated 'International Yoga Day' on 21st June with the theme 'Yoga for Humanity' from 7:30 am to 8:30 am in the College CH Auditorium. The session was instructed and demonstrated by CTO Loosiya. KP, Assistant Professor Ad hoc, PG Dept. of Home Science, KAHM Unity Women's College, Manjeri. 75 Cadets participated in the session. LCPL Anjana Devi. TV (IIIrd Sem BSc CS) pencil carved Sukhasana Pose as part of International Yoga Day for which she got special appreciation from the Commanding Officer of 9K Girls BN and Group Commander of Calicut NCC Group.

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As part of International Yoga Day Celebration, PG Department of Home Science celebrated International Yoga Day on 21st June 2022 in the college Auditorium. The yoga instructions and demonstrations were done by Ms. Loosiya K P, Assistant Professor (Adhoc). Around 25 Students actively participated in the session.

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The Department of Physical Education celebrated the International yoga day on June 21 at CH auditorium. Ms. M K Vineetha, Assistant Professor of English inaugurated the function. Fathima Jumana, a final year B.Com CA student presented a brief session on suryanamaskar. A detailed display of suryanamaskar was done by the students. It was led by Mr. Hamraz Ahamed Asst. Prof and head Dept. of Physical Education.

# Women and Awareness on Health



Organizes an online quiz on



21 June 2022, From 8 pm to 8.30 pm

Winners will get prizes and certificates

For more details contact: 9961727951 (Aswathi M.P.)

As a part of the celebration of Yoga Day 2022, Women Cell organized an online quiz competition to promote awareness about the significance of Yoga. Afla Hanna of B. Sc. Psychology got the first prize in the competition. Fathima Febna of BA History and Jumana Jabin of B.Sc. FCS shared the second prize.

»» *World Environmental Day*

# World Environmental Day



On June 5th 2022, as a part of celebrating World environmental Day, a video on "Plant a tree with us", prepared by the former members of EBSB Club was shared among the students through EBSB club whatsapp group. The video was made by the compilation of the videos captured by students while planting trees in their home courtyards during the auspicious day. It emphasized the need for planting trees for environmental conservation. The video served as an inspiration to the club members to plant more trees for a better environment.

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As part of 'World Environment Day' on 5th June 2022, All the NCC Cadets planted trees in their home surroundings since it was Sunday. The theme of the day was 'Only One Earth' with a focus on "Living Sustainably in Harmony with Nature". The day gave the Cadets an occasion to think about and understand how we are a part of nature and how intimately and unequivocally we depend on it for survival.

# Women, Technology and Creativity: Campus Photography Competition



World Environment Day in the campus was celebrated on June 5 by Women Cell with a competition to capture the greenery in the campus of KAHM Unity Women's College. Out of the numerous entries received, the photographs taken by Shahna P- BA History, Ansheera CM Bsc FCS and Fathima Najva- BA History received first, second and third prizes respectively. Shabna Basheer of B. Sc. CS and Loosiya K P: Faculty member FCS Department received special Jury mention.

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On 6th June 2022, as a part of World Environment Day Celebration, a session was conducted by the PG Department of Chemistry and Science club through Google Meet. The Resource Person, Dr. Litty Sebastian, Assistant Professor, Department of Chemistry, Bharata Mata College, Thrik-kakara spoke on "Revival of the Earth....It's in our hands". She also inaugurated the activities of the Science Club for the year, 2022-23. The programme was coordinated by Ms. Suhada, Assistant Professor of Chemistry.



# International Day Against Drug Abuse and Illicit Trafficking



In connection with the International Day against Drug abuse and Illicit Trafficking, PG Department of Home Science organized a Flash mob on 26th June 2022. In the 10-minute performance, the students conveyed anti-narcotic messages through songs and placards. The flash mob was conducted in front of the Academic block at 12.30pm. Mrs. Bushaira V, Assistant Professor (Adhoc) and Ms. Farhat Bai, II MSc Home Science (Nutrition & Dietetics) were the coordinators of the event.

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As part of 'International Day Against Drug Abuse and Illicit Trafficking' NCC Cadets played a skit in the College CH Auditorium on 28th June 2022. The main aim of this day was to spread awareness about the physical and psychological impact of substance abuse, drug overdose deaths, and drugs – related problems across the globe.

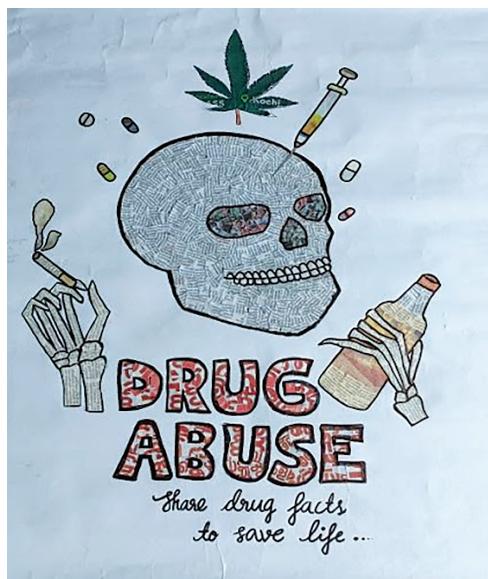
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The International Day against Drug abuse and Illicit Trafficking was observed on 26 June 2022. The main aim of this day was to spread awareness about the physical

and psychological impact of substance abuse, drug related problems across the world. In connection with the International Day against Drug abuse and Illicit Trafficking, NSS units organized a Flash mob in association with the Home science department. They appeared with a 10-minute performance in which anti-narcotic messages were conveyed through songs and placards. The programme was conducted in front of the Academic block on 28.06.2022 at 12.30 pm. NSS units also organized an awareness class on 27.06.2022, Prof Anitha Beegum, Principal in charge, KAHM Unity Women's College Manjeri inaugurated the session, Programme officer Dr. V Hikmathulla presided over the function, manager O Abdul Ali, Dr. Jasna V.C. and NSS secretaries felicitated the function. The awareness class was led by Miss Fathima K, M.Sc student, PG Department of Home Science, KAHM Unity Women's College, Manjeri. NSS volunteers also presented a mime based on anti drug campaign. NSS has also collaborated with Pulikal Kite Foundation's Ummeed project, which supports kidney patients and students who are facing difficulties in their studies. College Manager O. Abdul Ali handed over fund to a kidney patient. Study materials and books for the library were also handed over to the delegates from KITE foundation. The Programme was wound up with a vote of thanks by Miss Jesni.



## Collage Making Competition



Department of psychology conducted collage making competition for the students as part of INTERNATIONAL DAY AGAINST DRUG ABUSE (JUNE 26). Five teams participated from various departments. The best collage was made by 3rd sem BA English students. The team members are Nafeesa NIIdha, Salma Nasiya and Jhasliya.



## Audit Course

The college level monitoring committee meeting of the Choice Based Credit Semester system (CBCSS) has chosen the audit courses for the first four semesters of the academic year 2022-23. Environment Studies (1), Disaster Management (2), Intellectual Property Rights (3), and Gender Studies (4) are the courses chosen by the committee.



## International Olympics Day

As part of International Olympics Day with the theme 'Together, For a Peaceful World', NCC Cadets conducted online quiz competition on 23rd June 2022 from 8:00 to 8:10 pm. 71 Cadets participated in the competition. CPL Sarah Hamza. M (Vth Sem BCom Cooperation) bagged 1st prize in the quiz and CPL Jalwamol. C (Vth Sem BSc Psychology) got 2nd and CDT Akifa Anjoom. T (IIIRD Sem BSc Psychology) and LCPL Ameena Parayangatt (Vth Sem BSc Mathematics) got 3rd place respectively.



## Healthy Relationships: Father's Day Celebration

In association with Fathers' Day 19th June, Women Cell invited letters from the teachers, Non-teaching Staff, management committee members and the former staff members and Alumni members of KAHM Unity Women's College to write letters to their father/daughter on 19th June 2022. The letters were displayed on the blog of Women cell.

»» **World Blood Donor Day**

# World Blood Donor Day



PG Department of Home Science conducted a session as part of the World Blood Donor Day celebration on 14th June 2022 at the college auditorium. Ms Fathima K, IIInd MSc Home Science (Nutrition & Dietetics) student handled the session on the importance of blood transfusion to college students. Around 200 students participated in the programme. Also, charts depicting the guidelines for blood donation were displayed in front of the auditorium. Ms. Loosiya, Assistant Professor (Adhoc) and Ms Fathima K, IIInd MSc Home Science (Nutrition & Dietetics) student coordinated the programme.

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The NCC Unit of K.A.H.M Unity Women's College, Manjeri conducted a talk as a part of 'World Blood Donor Day' on June 14th. The session was handled by Dr. Annie Ninan, Associate Professor, Department of Home Science, K.A.H.M Unity Women's College, Manjeri. She explained about the importance of donating blood, who can donate blood, precautions to be taken while donating blood etc.

»» **World Bicycle Day**

# Memories of Women: Bicycle Stories: World Bicycle Day Celebration

Ms. Shahana Sherin of Second Year B.A. History grabbed the prize in the contest of writing Bicycle stories conducted as a part of World Bicycle Day Celebration by Women Cell, on June 3.

»» **Hostel Day**



# Encanto 2022- Hostel Day

Hostel Day was celebrated on 27 June 2022 combined with a farewell to second year postgraduate students. The celebration was an eventful one with many entertainment programmes and delicious dinner.